



Mt. Yakushi

Kikonai

This small hill is about 72 meters above sea level. It takes a 10-minute walk from the foot of the hill to the summit, where a panoramic view of Kikonai and the Tsugaru Strait can be seen. A very convenient telescope is available free of charge.

Inquiries: Industrial and Economic Affairs Division, Kikonai Town, Tel. 01392-2-3131

Cape Saraki

Kikona

Cape Saraki overlooks the offshore where Kairin Maru, a warship from the end of the Edo period, is said to have been laid to rest. In May, the local Tulip Fair involves approximately 50,000 colorful tulips in full bloom.

Inquiries: Industry and Economy Division, Kikonai Town, Tel. 01392-2-3131



Onuma Quasi-national Park

anae

The rich natural surroundings of Mt. Komagatake, an active volcano, and lakes of various sizes, including Onuma, Konuma, and Junsai-numa, which spread along its foot, have been designated as a quasi-national park.

Inquiries: Onuma International Exchange Plaza, Tel. 0138-67-2170



Kyujimayama Observatory

Okushiri

This is the best spot for a panoramic view on Okushiri Island, from where you can see the northern part of the island, the mainland of Hokkaido (Hiyama coast) as well as Matsumae Oshima Island. Flowers blooming in all of the four seasons, autumn leaves, fishing fires seen on summer nights and starry skies create fantastic scenery.

 Inquiries: Commerce, Industry and Tourism Section, Industry Promotion Division, Okushiri Town Tel. 01397-2-3406





Umemura Garden

umo

This garden was landscaped by Tajuro Umemura, the son of a former Owari feudal retainer. It is a Japanese-style garden with a pond in the center, a rarity in Hokkaido. The pond is surrounded by rocks, gravel and sand arranged so as to express mountains and water. Maple trees planted around the pond allow visitors to enjoy the seasonal changes.

Inquiries: Yakumo Town Museum and Bear Woodcarving Museum
 Tel 0137-63-3131



Hiba-jiisan (old hiba tree) in Reku no Mori

After a 30-minute walk along the Reku no Mori forest trail, you will find an old *hiba* tree with its roots firmly anchored in the ground. This giant *hiba* tree is 2 meters in trunk diameter, about 30 meters high, and considered to be over 600 years old.

 Inquiries: Commerce, Industry and Tourism Section, Policy Promotion Division, Assabu Town, Tel. 0139-64-3312



Enkatsura (trees with entwined branches)

This is one of the largest trees in Hokkaido. The branches of two Katsura trees have become entwined at a height of 7 meters above the ground to form a single tree. It is believed that the god of marriage resides in such "trees with entwined branches," and that touching this tree will bring good luck in marriage.

 Inquiries: Commerce, Industry, Labor and Tourism Section, Industry Division, Otobe Town, Tel. 0139-62-2871





Dynamic scenery found along the coast of the Sea of Japan





Oyakoguma Rock

Cape Tatenosaki



Kuguri Rock

Shirafura





Nabetsuru Rock

Activities

Delight in the richness of nature

Feel the greatness of nature in body and soul as you forget your daily concerns for a moment.



Fukushima

Late Apr. – mid-Oct.

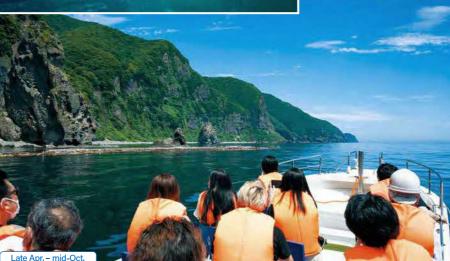
Iwabe Cruise

Explore the Iwabe Coast in a so-called "glass boat," from where you can observe the bottom of the sea. The 200-meter-high Iwabe Cliffs and large oddly shaped rocks are truly spectacular. There is also an optional service of taking pictures from the ship using a drone.

- Inquiries: Iwabe Cruise
- Hours: 8:00 17:00
- Olosed: Operation may be suspended in case of high waves or stormy weather



Blue Cave is the main sightseeing spot. Depending on the weather and the light on the day, it can take on various appearances. You can go inside on all of the cruises!



Yagoshi Cruise

Enjoy this cruising tour on a small boat along an unexplored region of southern Hokkaido with its spectacular scenery and blue sea. The captain's stories, background music, and the ryuteki flute performance of the Matsumae Kagura (Shinto music and dance) are also part of the fun.

- Inquiries: Yagoshi Cruise, Tel. 01392-6-7854 Hours: by advance reservation only (reservations accepted from 8:00 18:00)
- Olosed: Operation may be suspended in case of high waves or stormy weather



Mt. Esan trekking

Mt. Esan is an active volcano located 618 meters above sea level that is actively spewing out steam. Large buses can take visitors up to the crater basin parking lot at the fifth station, about 300 meters above sea level. You can feel the earth breathing simply by strolling along the walking trail on the crater field and at the summit of Mt. Esan.



Southern Hokkaido Torokko Railway

An abandoned railway of the former JR Esashi Line is used for this Torokko carriage. It runs electrically to its destination, and pedals are used on the return trip, making the ride enjoyable for both children and adults.

Shikabe Town offers various expe programs involving seafood.



Hama no Kaasan local cooking experience Shikabe

You can experience cooking home-made dishes with fresh seafood landed in Shikabe, which cannot even be found in restaurants. Savor the opportunity to also get to know some *hama no kaasan* (local women).

- Inquiries: Shikabe Hot Springs Tourism Association, Tel. 01372-7-3500
- Hours: 9:00 17:30 Closed: Irregular



Onuma canoeing experience Nanae

Canadian canoeing experience on Lake Onuma and Lake Konuma. A local guide show everyone around, so beginners are also welcome.

 Inquiries: Exander Onuma Canoe House Tel. 0138-67-3419
 Canoe East, Tel. 090-6218-6013 Ice Park Snowman

In winter, Onuma Quasi-national Park changes into an ice field. Enjoy various activities such as ice fishing for *wakasagi* (smelt) and snowmobiling to your heart's content.

Inquiries: Onuma Godo Yusen
 Tel. 0138-67-2229



Setana Youth Travel Village Setana

This campground is located at an altitude of 95 meters in Risshouzan Park, in the middle of the Setana district. An observatory nearby offers 360-degree panoramic views of the mountains and the ocean.

 Inquiries: Setana Youth Travel Village Tel: 0137-87-3819

Late Apr. - late Oct.



Sea pool in Gennadai Seaside Park Otobe

The beach is surrounded by breakwaters and is maintained like a swimming pool. On Saturdays, Sundays, national holidays, and the 13th and 14th of each month of the open period, children are invited to try their hand at grabbing sea urchin and scallops. The Gennadai Marine Festival is held early in August.

 Inquiries: Commerce, Industry, Labor and Tourism Section, Industry Division, Otobe Town, Tel. 0139-62-2871



Funka Bay Panorama Park

The 62.7-hectare park is located on a gently sloping hill overlooking Funka Bay (Uchiura Bay) and includes facilities that can be enjoyed by everyone – from small children to elderly people. The Panorama Café in the Panorama Hall (Visitor Center) and other food-oriented restaurants are available in the vicinity.

Inquiries: Funka Bay Panorama Park Management Office, Tel. 0137-65-6030



Nanae Gondola and Nanae Snowpark Nanae

A ski resort where visitors can enjoy long rides on a 3,319-meter gondola, one of the longest in Japan. It is recognized as a satellite of the Lover's Sanctuary and has become a new power spot for happiness.

 Inquiries: Hakodate Nanae Gondola/Hakodate Nanae Snow Park Tel. 0138-67-3355

Sanbonsugi Beach (Setana district)

Not only Sanbonsugi Beach, but also Futoro Beach and Hirahama Beach are part of Setana Town, and all of these beaches boast the highest level of water quality in Japan, according to a Ministry of the Environment survey. There are wide sandy beaches and rocky areas where people can enjoy themselves in different ways.

 Inquiries: Commerce, Industry, Labor and Tourism Section, Town Development Promotion Division, Setana Town, Tel. 0137-84-5111



Sonny's Stable

Mori

Visitors can enjoy an authentic horseback riding experience with the owner, who has trained as a cowboy in the U.S. Enjoy the great nature of Hokkaido and experience the unique scenery that can only be found here.

Inquiries: Sonny's Stable, Tel. 01374-5-2106



Experience Studio Rokurin

lokuto

Rokurin Village was formed by a group of farm women who wanted to "move away from production-only agriculture towards agriculture where the producer's face is visible." Visitors can enjoy making handmade udon noodles, Kujira rice cakes and tofu, and experience farm work and harvesting of vegetables. (Reservations required at least 4 days in advance.)

Inquiries: Rokurin Village, Ryokuyukai Co., Ltd., Tel, 0138-73-6998



