

## Blessings from both land and sea nurtured by the earth

Enjoy the seasonal flavors of abundant seafood and other ingredients.



Hakodate

### Hakodate Morning Market

Located on the west side of JR Hakodate Station, this market specializes in seasonal seafood and produce directly from farms. There are also restaurants where you can enjoy fresh *kaisen-don* (seafood bowls) and other delicacies. Visitors can try their hand at squid fishing.

Squid fishing experience at the Morning Market. Caught squid is immediately cut up and served as sashimi!



### Shio ramen (salt ramen)

Hakodate's famous salt ramen is characterized by its refreshing clear, salty broth. There are many restaurants specializing in salt ramen in Hakodate.



Various rice bowls are available at the Donburi Yokocho Market inside Hakodate Morning Market!

### Kaisen-don (seafood bowl)



### Shiriuchi Kakigoya Shiriuchi

Diverse dishes containing oysters and Chinese chives are offered at reasonable prices. Steamed oysters served with four different sauces are also popular.



### May Queen croquette Assabu

Enjoy the sweet delectable taste of Assabu May Queen potatoes, a specialty of Assabu, with every bite of this croquette that does not require any sauce. The grand prize winner of a croquette contest is also available at Michi-no-Eki Assabu.



### Hakodate Wagyu beef Kikonai

Hakodate Wagyu is obtained from red-haired Japanese cattle raised in Kikonai Town, which is surrounded by mountains on three sides and faces the Tsugaru Strait. Only four farmers in Kikonai raise Hakodate Wagyu cattle, and only about 220 heads are shipped annually, making it a highly rare brand. It can be enjoyed at restaurants in town.



### Ikameshi (rice-filled squid) Mori

This is a famous ekiben of Mori Station. Its taste and the traditions that surround it have been maintained since its launch. It is available mainly in department stores nationwide, but also at outdoor events and festivals.



### Tekkui tempura bowl Kaminokuni

Tekkui is a flatfish caught in this region, so called because of its size that make it seem as if one "eats your hand" ("te wo kuu" in Japanese). The sweet sauce, fluffy texture of the fish and crispy batter make it a popular kind of rice bowl. It is available at the roadside rest area and restaurants in town.



### Sengen soba Fukushima

Sengen soba is grown at the foot of Mt. Daisengen, which is about 100 meters above sea level and shows large diurnal temperature variations. Sengen soba noodles are dried naturally and have a characteristic rich, natural buckwheat flavor and smooth texture.



### Shikabe tarako (Alaska pollack roe) Shikabe

Tarako is a specialty of Shikabe Town of the finest quality. It is available at the Hama no Kaasan Shokudo (restaurant) in Shikabe Geyser Park, while tarako tempura bowls and tarako ramen are served at restaurants in town.



### Matsumae tuna Matsumae

Matsumae tuna is a natural tuna found in the same waters as Oma tuna. Enjoy it at restaurants or the roadside rest area in town.



### Kanimeshi (crab rice) Oshamambe

Crab rice was perfected in 1950 by Katsujiro Kanaya, the founder of Tachiuri Shokai (today's Kanaya) at Oshamambe Station, after much trial and error, in order to offer the taste of crab throughout the year.



### Abalone curry Fukushima

A land-based abalone aquaculture project, which employs technology of pouring mineral-rich seawater from the Tsugaru Strait over abalone that is being cultured for the first time in Japan, is underway in Fukushima Town, Hokkaido. This lavish dish contains three of these cultured abalone, and is available at five restaurants in town.



### Futami curry Yakumo

This is a local gourmet dish certified by the Yakumo Tourism and Products Association. White curry with a Yakumo milk-base, local seafood and seasonal vegetables is served at three restaurants in town.

# Events

## Tradition and energy

Traditional festivals with a long history and glittering, energetic events await you in all seasons.

### Matsumae Cherry Blossom Festival

In Matsumae Park, the venue of the festival, 10,000 cherry trees of some 250 varieties are in full bloom for a month, spanning early to late bloomers. During the festival, visitors can enjoy Matsumae Kagura performances, local entertainment, stalls, and lighting up of cherry blossoms from after sunset to 9:00 p.m.

- Matsumae** Apr. **Matsumae Cherry Blossom Festival**
- Mori** Apr. **Morimachi Cherry Blossom Festival**
- Hokuto** Apr. **Hokuto Cherry Blossom Corridor**
- Kikonai** Late Apr. **Cape Saraki Tulip Fair**
- Fukushima** Early May **Women Sumo Wrestling Tournament**
- Hakodate** May **Hakodate Goryokaku Festival**
- Fukushima** May **Tonosama Kaido Exploration Walk in Spring**
- Shiriuchi** May **Shiriuchi Spring Oyster Festival**
- Setana** May **Tamagawa Park Narcissus Festival**
- Okushiri** Jun. **Okushiri Moonlight Marathon**
- Okushiri** Jun. **Sainokawara Festival**
- Oshamambe** Jun. **Oshamambe Hairy Crab Festival**
- Yakumo** Jul. **Yakumo Float Parade**
- Assabu** Jul. **Assabu Furusato Summer Festival**
- Hakodate** Jun. (planned) **Hakodate Marathon**



Hokuto Cherry Blossom Corridor, Hokuto



Women Sumo Wrestling Tournament, Fukushima



Okushiri Moonlight Marathon, Okushiri



Assabu Furusato Summer Festival, Assabu

### Esashi Ubagami Daijingu Togyo Festival

The annual Ubagami Daijingu Togyo Festival, held from August 9 to 11, is believed to be the oldest festival in Hokkaido, with a tradition of more than 370 years. A total of 13 gorgeous floats parade through the town over a period of three days.



- Okushiri** Jul. **Murotsu Festival**
- Setana** Jul. **Gappari Seafood Festa in Wattamegashite Taisei**
- Esashi** Aug. **Ubagami Daijingu Togyo Festival**
- Setana** Aug. **Isaribi Festival**
- Kikonai** Aug. **Kikonai Kairin Maru Festival**
- Hakodate** Aug. **Hakodate Port Festival**
- Otohe** Aug. **Gennadai Marine Festival**
- Fukushima** Aug. **Yarube Fukushima Squid Festival & Strait Fireworks Festival**
- Shiriuchi** Aug. **Summer Carnival in Shiriuchi**
- Okushiri** Aug. **Nabetsuru Festival**
- Mori** Aug. **Summer Festival in Mori**
- Imakane** Sep. **Imakane Shrine Festival**
- Hakodate** Sep. **Hakodate Gourmet Circus**
- Fukushima** Sep. **FOOD STADIUM**



Isaribi Festival, Setana



Hakodate Port Festival, Hakodate



Hakodate Gourmet Circus, Hakodate



FOOD STADIUM, Fukushima

**Hakodate Winter Festival**

Hakodate Illumination is an event of lighting up Hachiman-zaka and Nijukken-zaka slopes at the foot of Mt. Hakodate and the Kaiko-dori street in front of Hakodate Meijikan. In February, the light-themed Hakodate Hikari no Garden event is held in Motomachi Park.



**Hot Springs**

**Take some time to heal your tired body**

There is a wide variety of hot springs in southern Hokkaido. Enjoy the abundant spring water and relax after a hard day's work.

**Hakodate Yunokawa Onsen**

This is one of the three major hot spring resorts in Hokkaido and has long been popular for its excellent hot spring water. Many tourists visit this hot spring resort, which can easily be reached by tram, and is only a 5-minute drive from the airport.

● Inquiries: Hakodate Yunokawa Hot Springs Ryokan Cooperative  
Tel. 0138-57-8988



- Otobe** Sep. **Enkatsura Mori Festival**
- Mori** Sep. **Sawara Furusato Festival**
- Fukushima** Oct. **Tonosama Kaido Exploration Walk in Autumn**
- Hakodate** Oct. **Hakodate MOMI-G Festa**
- Hokuto** Oct. **Hokuto Autumn Foliage Corridor**
- Hokuto** Dec. **Hokuto Light Corridor – Illuminated Tree-lined Trappist-dori Street**
- Hakodate** Dec. **Hakodate Christmas Fantasy**
- Hakodate** Dec. - Feb. **Hoshi no Yume Illumination**
- Hakodate** Dec. - Feb. **Hakodate Illumination**
- Hakodate** Dec. - Feb. **Yunokawa Winter Illumination**
- Kikonai** Jan. **Kanchu Misogi Festival**
- Shirouchi** Feb. **Shirouchi Gourmet Battle of Winter – Oysters vs. Chinese Chives Festival**



Utopia **Warakuen Shirouchi Onsen Ryokan** Shirouchi

Shirouchi Onsenkyo, which was established approximately 800 years ago, features natural hot spring water. This facility boasts spring waters with various inherent powers, such as those that beautify the skin and those that do not cool down easily. There is also a rock bath.

● Inquiries: Utopia Warakuen Shirouchi Onsen Ryokan, Tel. 01392-6-2341



**Futamata Radium Onsen – Calcareous sinter dome** Oshamambe

This hot spring, which contains radium and calcium carbonate, has been known as a therapeutic hot spring since the Meiji era and is considered to be the world's only secluded hot spring containing natural radium. The huge calcareous sinter dome, which is visible from the open-air bath, is one of the largest in the world.

● Inquiries: Futamata Radium Onsen, Tel. 01377-2-4383



**Kurplaza Pirika** Imakane

Located in the Pirika area and surrounded by rich forests, this hot spring and lodging facility allows visitors to enjoy outdoor activities such as rafting and mountain stream fishing in the surrounding area, as well as skiing in winter. Relax and unwind your tired body in this open-air bath with a view of the forest.

● Inquiries: Kurplaza Pirika, Tel. 0137-83-7111



**Kaminokuni-cho National Hot Spring Recreation Center (a.k.a. Yunotai Onsen)** Kaminokuni

This hidden hot spring is located on the bank of the Amanogawa River, a clear stream in the Yunotai area. Facilities include three baths with different temperatures (35 °C, 38 °C, and 42 °C) and cascading waterfall spring water that naturally massage the shoulders and back. The high-quality spring water contains carbonic acid, which is rare in Japan, and is in abundant supply.

● Inquiries: Kaminokuni-cho National Hot Spring Recreation Center, Tel. 0139-56-3147